

# HOLY CROSS PRIORY LEICESTER

## COVID-19 CORONAVIRUS – HOW TO DEAL WITH THE PANDEMIC

### QUARANTINE LETTER FROM A YOUNG PERSON

SATURDAY 2 MAY 2020

Hello to you all, I'm *one of the young people who attends* Holy Cross Priory. Father David asked me to write this letter to all of you. This letter is a letter of encouragement. As we all know, we are in unprecedented time of Covid 19. We all know that this virus is killing many people and imprisoning many others with sickness. We know that the Lord God is with us all and the world. We should not lose our faith in the God. In Luke 1:37 it says, "For nothing will be impossible with God."

I am only just beginning comprehensive school and I sometimes struggle with the lockdown which does *not allow me to go outside*. *The restrictions include going to school, church, play and even visit a friend*. This is proving very difficult for me and perhaps other children because I can't go to church, shop and or even visit a friend.

Due to this policy there are some days that I get angry with myself for no reason. Sometimes it is so frustrating but there is always hope. I know that the Lord will never abandon us. Being a young person, it can be extremely difficult but if you are occupied and praying without ceasing, consider this pandemic over. I am very excited to get back to church and seeing you all. Please do not lose your faith even if it looks like there is darkness everywhere because Jesus is the light of the world.

#### PRAYERS

More than ever before, I think this is the time we must be more prayerful so that God will find a way out for mankind from the pandemic. The devil may try to weaken our faith during this period that we are not gathering to celebrate mass as usual, but we must not give up our faith because God is still with us.

We should all have a specific time to pray, for example 11 o'clock in the morning. Our Monday's family prayer meetings have been on hold, but we still do so as an individual family.

The good bit of this situation is that we now have more time for God because of the compulsory lockdown. Also, families have more time for themselves to reunite and stay together as God had originally planned it to be.

We are into it together and will be out of it together. Remember, God is with us.

Father David also asked me to write up a few activities to keep us all busy. These activities will be suitable also for you, children.

Table 1

	Mon	Tuesday	Wed	Thurs	Fri	Sat	Sun
Morning	Pray	Pray	Pray	Pray	Pray	Pray	Tune into Mass
	Exercise	Create a breath-taking breakfast	Create an alter for Mother Mary	Create a song	Read the bible	Have a lay in	Have tea and coffee

Afternoon	Read a book and try to have a nap	Try to play a new instrument	Try to do a safe experiment	Get in contact with a priest	Contact friends	Make pancakes	Listen to music
	Call a friend or family	Listen to music	Paint a picture	Pray the rosary	Try to have a nap	Exercise	Have a Sunday roast
Evening	Bake a cake or treats	Watch a Movie	Try to play a video game	Clap for the NHS	Sing The song that you composed	Watch Britain's Got Talent	Play a board game

We can also become creative and Build an Altar in Honour of Mother Mary.

I know that if we keep our faith the Lord will not pass us by. Let us keep high hopes and never let go of God.

Yours Sincerely

One of our young people

***A postscript from Fr David***

I hope you have enjoyed these few thoughts as much as I have. I have changed the names and other details so this young person's identity is protected. Those phrases underlined are the ones I have changed, otherwise the words are the original of the young person in question. I'm very grateful to all our young people and children, to our parents and carers, and to our teachers and key workers across the educational field in particular.